

Injured your
hand at work?



*Things to know
about therapy*



riverina
hand therapy

Therapy can be a really beneficial part of your recovery. Here are some things that we think are helpful for you to know.

Under WorkCover in NSW, therapists are required to ask for approval for treatment sessions. We request the number of sessions we think you might need, how often they might need to be and if we need extra things like splints, or exercise equipment. We complete a form called an AHRR which is how we request approval for treatment.

We like to work closely with your GP. Your GP is the main person who will write your work cover certificates and our input can assist them to know what tasks at work you can return to and when.

You will be assigned a 'case manager' from the insurance company that is covering your claim. We send copies of our letters to them so they are aware of how you are going. Sometimes you might also have a 'rehab provider' who is separate from the insurance company and helps you return to work.

When we send out invoices, we send these to your insurance company. If you do not have a claim number for this, then your invoice will be sent to your workplace.

We are here to help you through this journey. Please ask us questions if you need.... no question is silly!

